

Clinically Proven, Award-Winning Pelvic Floor Muscle Trainer



PELVIVA is a pelvic floor muscle trainer that strengthens weak pelvic floor muscles. It provides a clinically proven professional level of treatment for women with bladder and pelvic floor problems.

More than a third of all women experience unwelcome bladder leakage when they cough, sneeze, exercise or urgently need the toilet¹. Urinary incontinence has a huge physical and psychological impact on the women who suffer and most do in silence.

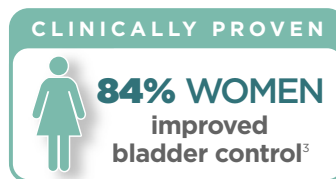
Many women with weak pelvic floor muscles will also experience vaginal laxity which can result in a sagging pelvic floor (prolapse) and a decreased sexual sensation.

Pelviva offers a solution

Pelviva is a disposable, single-use, tampon-style device that you can use at home or on the go. It is made of a **Body Responsive Foam**, so adapts to any woman's shape² and is so discreet, nobody would be able to tell you were using it!

Why Pelviva?

- **DISCREET:** It's worn inside the vagina
- **COMFORTABLE:** The soft foam makes it easy to compress and position
- **EASY-TO-USE:** It's a lot like using a tampon. Simply pull the tab, insert, leave for 30 minutes and remove
- **TARGETED:** Targets the correct muscles and performs the exercises correctly
- **CLINICALLY PROVEN:** To improve bladder control in 84% of women in just 12 weeks³



Pelviva delivers a revolutionary pattern of neuromuscular electrical stimulation (NMES) directly to your pelvic floor muscles, causing the muscle to contract and relax, helping you retrain your pelvic floor muscles correctly.

The soft foam makes Pelviva easy to compress and position inside your vagina. It adapts to your individual size and shape for a comfortable fit. It is fully automated, so it automatically adjusts the level of intensity upwards or downwards to reach and maintain your therapeutic target level.²

Pelviva treats the main cause of bladder leakage, strengthening weakened muscles, giving you control back over your bladder and the confidence to live your life without fear of embarrassing leaks. Pelviva does all the hard work for you - you actually feel it working!



Pelviva device not to scale



How often should you use Pelviva?



PELVIVA is a 30 minute treatment and should be used every other day for up to 12 weeks (except when menstruating). If you forget to use Pelviva or cannot use due to menstruation, use every day to ensure you use 15 in each month. Many women report benefits in as little as 3 weeks.⁴



Pelviva is ideal for women who would benefit from pelvic floor muscle training

This includes women who:

- Want an effective non-surgical treatment
- Cannot perform their pelvic floor muscle exercises correctly (that's as many as 50% of women)
- Prefer the convenience and privacy of treatment at home
- Want to strengthen their pelvic floor muscles.

What does it feel like?

Most women describe feeling a pulsing sensation which is strongest during the first week, and less so as they get used to it; for other women it is a gentle sensation like a 'heart beat' in the vagina. Everyone is different and experiences will vary. With time you will know Pelviva is having a positive effect on your pelvic floor as the leaks will reduce and you will begin to feel more confident and in control.

Real women are getting their lives back

"It's made my pelvic floor work like how it used to work before children" **Karin**

"I knew after my first Pelviva treatment that I had finally found the answer to my two-decade-long problem. After one month's use I have more control, more confidence and I can't wait for the ultimate freedom I know it is going to give me." **Kate**

If you wish to discuss using Pelviva, then please book an online consultation. Or, CLICK ON THE BUTTONS BELOW to order your Pelviva treatment today and take the first step towards an improved quality of life.



Treats the symptoms of stress, urgency and mixed UI



Easy-to-use at home



References:

1. Hunskaar et al 2004.
2. Femeda data on file 2014.
3. Oldham J, Herbert J, McBride K. Evaluation of a new disposable 'tampon-like' electrostimulation technology (Pelviva™) for the treatment of urinary incontinence in women: a 12-week single blind randomized controlled trial. *Neurourology Urodynamics* 2013; 32(5):460-466. doi 10.1002/nau.22326.
4. Market Research of 30 women. Kirk Research 2019.


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